

SOUTHERN FLYER

908th's ANYWHERE PACKAGING SERVICE



SOUTHERN FLYER



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PUBLIC AFFAIRS

PA Officer: Lt. Col. Jerry Lobb
 Editor: Mr. Gene H. Hughes
 Writer: Tech. Sgt. Jay Ponder
 Writer: Staff Sgt. Sandi Percival

Triathlon tips can help CUI

Let me start by saying this is not another article about how to make lifestyle changes so you are fit to fight. There have certainly been plenty of those! However, I recently attended a clinic to become a certified triathlon coach, and I've been reflecting on the lessons I've learned through the sport. Many of those lessons can be applied as we approach the Combined Unit Inspection.

Here are my top three favorites. **There are no shortcuts to balanced preparation.**

There are phases of triathlon that are grueling, and you have to be physically and mentally prepared to get through them. Every triathlete has a component they consider their weak link. For me it is running, but if I focus too much on my running, my swim and bike times decline. Preparation needs to be balanced.

For the inspection, you might feel really confident in your section's compliance in certain areas, but make sure those areas aren't neglected as you correct deficiencies in your weaker areas.

Recover quickly from setbacks.

In triathlon, you don't know when you are going to get a flat tire, but when it happens you need to keep your cool and change it as efficiently as possible, and keep on going. Spending time cursing or kicking your bike, while it might feel good for the moment, isn't going to get you to that finish line any faster.



LT. COL. MADALYN MARLATT
Commander, 908th AMXS

If during the CUI, your shop gets a finding, keep your cool, fix it as best as you can in that moment, and move on.

Visualize success.

Just like triathletes visualize different components of the race, especially crossing the finish line, visualize taking the inspectors through your section. What will you showcase? What will you provide?

Visualize providing them all the information they need to determine that you have a winning section. Imagine what it will look like at the unit outbrief, or reading the positive comments in the final report.

Lastly, feel that sense of pride you will have when your shop does outstanding!

A MOMENT WITH THE CHAPLAIN

CH. (MAJ.) JAMIE DANFORD

I remember receiving a call from my leadership when I had graduated seminary. I was being placed in a church, and I was asked if I was ready for an opportunity. I had been around long enough to know that what he really meant was he was sending me to a place that had problems.

I looked at the history of the church and there had been problems, but being I was too young to say "no thanks," I took it.

While there were challenges, I can honestly say my time there was loads of fun. I ended up being their longest-tenured pastor and left only when I was activated with the military. The church grew in numbers and unity. When, by God's grace, I had to leave I can honestly say it was better than when I arrived.

I share that story to point out that all good opportunities have challenges. In fact any endeavor that is worth remembering has challenges. Think back over your life. Many of the fondest memories you have with your friends were made during adversity or challenging times. Those are the richest stories that we share.

We are living in challenging times here at the 908th Airlift Wing, and I would bet, in our personal lives as well. However, in all of this there are also opportunities to do great things. It is my prayer we will meet the challenges of the future and see the great opportunities that are ahead.



What's in a name?

EVERYTHING, IF IT HAPPENS TO BE YOURS

By SrA Cynthia Fogleman
908th FM

In this technological age, it is more important than ever to protect ourselves from identity theft. Multiple identity theft schemes are lurking around every corner waiting to hit you and your loved ones.

Some of the most common are "true name fraud," "account takeover" and "unauthorized use."

True name is the most common form of identity theft. True name is using stolen personal information to open accounts. There are several steps that each of us can take to make ourselves less vulnerable to this ever increasing form of fraud and personal invasion.

First and foremost, be aware of your personal finances and surroundings. Protect yourself by safeguarding your PII, otherwise known as personal identifiable information.

Here are a few steps that one should familiarize themselves with to aid in protecting your PII:

Review your credit report annually. Don't carry your Social Security Number or Birth Certificate with you; keep it in a safe area at home.

Do not carry more credit cards than you need.

Protect your information on the internet including safeguarding passwords, ensure when making pur-



chases the site is secured (https)!!

Be careful when giving information over the phone, do not give out PII to any person or agency you do not trust.

Properly destroy mail that might have any personal information.

Keep account contact information for all of your bank accounts, credit cards and investment accounts in a secure place.

If you need more information on identity theft and fraud; whether it be information on prevention, types of scams, how to get your credit report or even legal sources, visit

www.militaryonesource.mil. This is a website designed to help members of the armed services in many ways, your "one-stop shop." Remember, it is important to keep a close watch on your bank and credit card accounts, properly dispose of anything containing PII, and notify the proper authorities if you feel that you might be a victim of identity theft.



SOUTHERN FLYER

COVER PHOTO:

Pallets of water are released from a U.S. Air Force C-17 Globemaster III aircraft assigned to the 816th Expeditionary Airlift Squadron during an airdrop mission over Afghanistan in support of Operation Enduring Freedom.

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We solicit articles, drawings and photographs and reserve the right to edit materials to conform to "Southern Flyer" editorial policies. Because of the printing and mail-out schedule the newspaper goes to press on Friday, two weeks prior to the unit training assembly.

The submission deadline for articles or information is the Monday two weeks prior to the UTA. Send inquiries and submissions to 908AW/PA, 401 W. Maxwell Blvd., Maxwell AFB, AL 36112 or e-mail them to 908aw.pa@maxwell.af.mil. Our phone number is (334) 953-6804 or DSN 493-6804; our fax number is (334) 953-2202 or DSN 493-2202. For information about this schedule, call this office at (334) 953-7874.

Command post wins award

Active-Reserve team tops in 22nd

By Gene H. Hughes
908th AW Public Affairs

The Maxwell Command Post provides a number of critical services to the base, from emergency response and leadership tracking to monitoring of flight operations and alert systems. It also leads the way in Active-Reserve cooperation through combining the 908th Airlift Wing and the 42nd Air Base Wing into one seamless team.

Its success has been unmatched at the 22nd Air Force, where it was recently named Small Command Post of the Year.

Having a team made up of active-duty and Reserve personnel, the command post is now competing at both Air Force Reserve Command and Air Education and Training Command for MAJCOM-level, Small Command Post of the Year.

"It's a way of recognizing controller efforts individually and collectively as a team," said Staff Sgt. Melissa Carmon, one of the Reserve controllers. "This recognition helps bring awareness to our groundbreaking processes and procedures. It also helps validate what we do behind the closed doors and shows us that we matter."

The command post is a 24-hour, seven-day-per-week entity that acts as an executive agent to 42nd ABW and 908th AW commanders alike.

Among the functions performed are coordinating reports to higher headquarters, facilitating flying operations, and managing all emergency operations for both Maxwell and the



Air Force photo/Tech. Sgt. Jay Ponder

From left, Staff Sgt. Tracy Ford, Senior Airman Christopher Adams and Staff Sgt. Chad Green man the Maxwell Combined Command Post, a merging of active-duty and Reserve personnel that acts as the nerve center of the base.

Gunter Annex, including computer alert notifications, base sirens and "the Giant Voice."

The facility has state-of-the-art technology that helps the Airmen receive and disseminate notifications for base leadership and personnel. As the funnel of information from higher headquarters, the equipment allows command post personnel to process and relay information in a timely matter. This allows leadership to make decisions with the most up-to-date information possible.

"In one week, we can deal with anything from several medical and fire responses to death notifications, Force Protection Condition changes, extreme weather, distinguished visitor arrivals and active shooter events to something as simple as wet-bulb temperature changes and daily flying operations," Carmon said.

The command post, operating out of a new facility, is manned by controllers managed by Master Sgt. Dawn Bridgers, the NCOIC of

Console Operations. Her responsibility covers all checklists, communications equipment and all other things that pertain to console operations. There is also a training manager who makes sure all controllers are ready to take on the mission and react to any situation that arises.

Superintendent of the command post, the final decision authority who ensures all decisions reflect the "team-first" mentality, is new addition Master Sgt. Brian Lewis.

"Currently, our team has met and begun exceeding all challenges," he said. "We have fully integrated as a team, and the evidence of this is shown by 22nd Air Force recognizing us its 2011 Small Command Post of the Year."

"We work to keep the base safe while all its residents sleep," said Senior Airman Christopher Adams. "It feels good to work in a family-like environment where you can make a difference. It's fun to work where you hear and know it all."

New leader for wing force service support squadron

By Tech. Sgt. Jay Ponder
908th AW Public Affairs

Lieutenant Colonel Constance Johnson-Cage assumed command of the 908th Force Support Squadron during the March UTA.

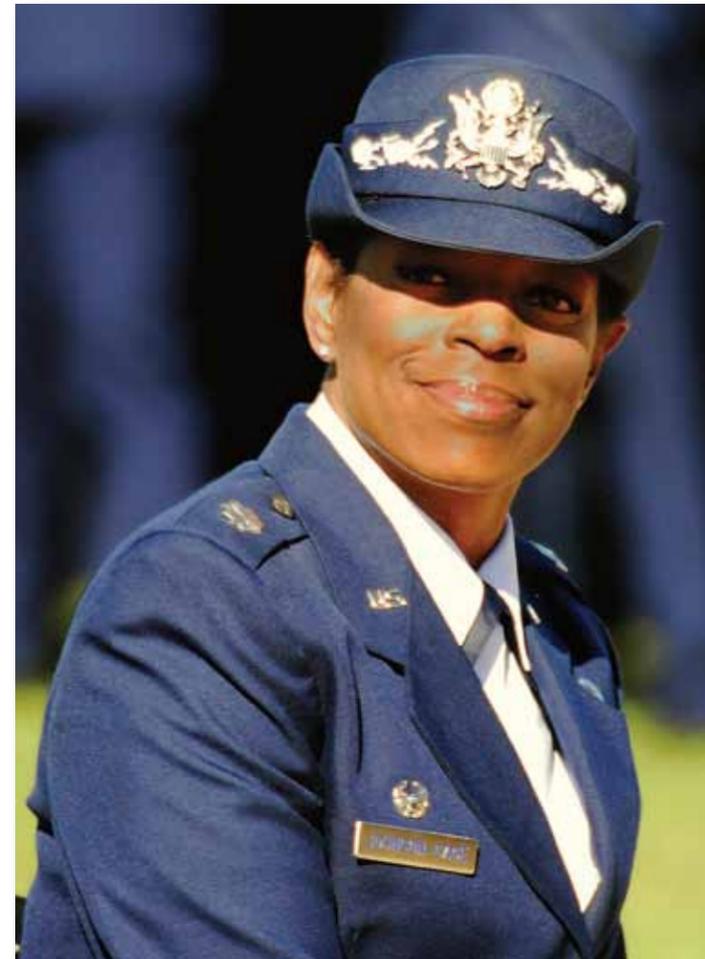
With the entire 908th Mission Support Group assembled in formation, Johnson-Cage accepted the guidon from Col. Pete Peterson, 908th MSG commander, right.

The 908th FSS was recently formed from the merger of the services services and military personnel flight.

The wing's communications flight officially became part of the FSS as its guidon was cased for the final time.

Johnson-Cage spoke on how she had observed members of the squadron work tirelessly under pressure while displaying composure and a great deal of flexibility. She said she considered it a privilege to be their commander.

Among those she thanked for the opportunity was Wing Commander Col. Brett Clark, Vice Commander Col. Robert Shepard and Col. Peterson.



Spanning the Globe

908th 'Port Dawgs' living up to 'Anytime... Anywhere' motto

By TSgt Tracey Piel
25th Aerial Port Squadron

"Anytime ... Anywhere" is the motto of the 25th Aerial Port Squadron. With 27 Airmen deployed to three locations those words have never been truer than they are now.

In Afghanistan, Master Sgt. Cassandra Crayton serves as the superintendent of the Short Take-Off and Landing (STOL) Flight at the 455th Expeditionary Aerial Port Squadron at Bagram Airfield.

As the only 25th Aerial Porter at that location, Crayton (who recently returned home) led an air transportation team of 14 Airmen who accomplish the STOL mission by moving military passengers, cargo and mail to forward combat locations throughout the region.

"Everyone works together as a team to accomplish the mission and all members have been cross-trained in ATOC, cargo, passenger service and ramp functions," she said. "This is required due to the high tempo of flight operations where multiple aircraft might land and require simultaneous down or uploading."

Crayton's team hand loaded



Left, Tech. Sgt. Joshua Phillips, right, and Tech. Sgt. Craig Campbell load a bundle. Center, Master Sgt. Cassandra Crayton.



and moved more than 1.8 million pounds of baggage, 38,000 pounds of cargo and 4.4 million pounds of morale mail. During the holidays, the team facilitated forward movement of postal equipment — in less than 48 hours — enabling the set up of forward post offices to handle a holiday mass mail move.

The team was also instrumental in the movement of 25 critical maintainers to forward operating bases, which allowed repairs to vital material handling equipment. For their

Left, Tech. Tech. Sgts. Ian Murphy and Armen Weinrick prepare a pallet.



efforts, the team was recognized as the 455th EAPS Team of the Month for December.

The 376th Expeditionary Logistics Readiness Squadron at the Transit Center at Manas, Kyrgyz Republic, is the current duty assignment for nearly two dozen of the squadron's "port dawgs."

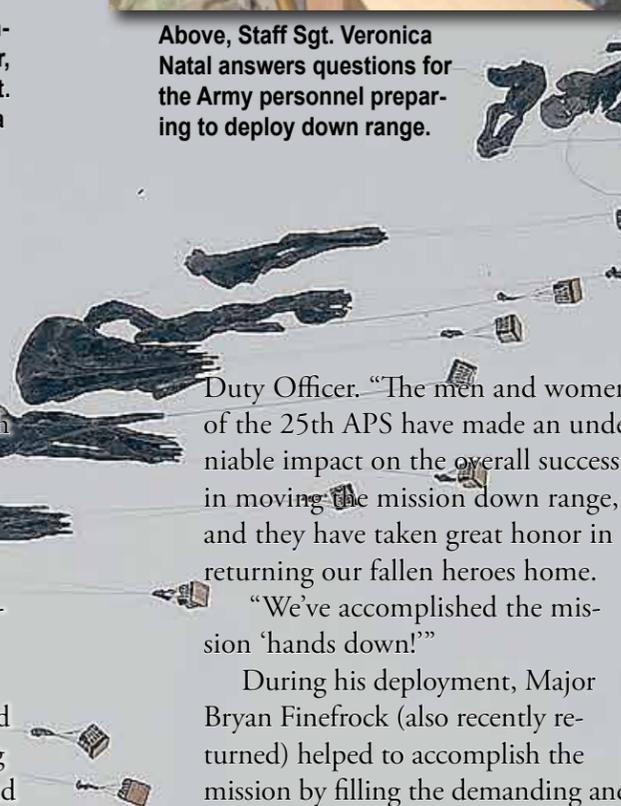
Since October, teams have moved more than 262,000 passengers along with 18,000 tons of baggage into and out of Afghanistan. Although the primary mission of the 376th ELRS is the movement of passengers, aerial porters have loaded more than 6,200 tons of cargo and 270 tons of mail in approximately 3,800 missions.

They have also participated in 24 Fallen Warrior missions.

"The mission in Manas is sustained by a coalition of dedicated airmen from across the globe," said Senior Master Sgt. Kenneth Canada, who serves as the 376th Aerial Port



Above, Staff Sgt. Veronica Natal answers questions for the Army personnel preparing to deploy down range.



A C-17 Globemaster III drops bundles of fuel to a forward operating base in Afghanistan. (U.S. Air Force photo/Master Sgt. Adrian Cadiz)

Photos courtesy of Senior Airman Cory Brewster, Tech. Sgt. Joshua Phillips and Senior Master Sgt. Cassandra Crayton.

Right, Master Sgt. Jeffery Holder securing a baggage pallet. Lower left, Staff Sgt. Kurt Meadows helps Marines prepare a baggage pallet.



Duty Officer. "The men and women of the 25th APS have made an undeniable impact on the overall success in moving the mission down range, and they have taken great honor in returning our fallen heroes home."

"We've accomplished the mission 'hands down!'"

During his deployment, Major Bryan Finefrock (also recently returned) helped to accomplish the mission by filling the demanding and high-visibility role of executive officer at the 376th Air Expeditionary Wing.

Back in Afghanistan, Tech. Sgts. Joshua Phillips and Adam Weber

and Staff Sgt. Ian Murphy are assigned to ramp function of the 451st ELRS at Kandahar.

They, along with their teams, work six parking ramps — two of which are across the flightline and three miles away from the main warehouse. In addition, the distance between ramps and cargo yards makes staging and loading aircraft a logistical challenge as they are spread out in several locations.

Despite the obstacles, teams average more than 1,000 missions a month and have moved more than 60,000 tons of cargo, 11,068 units of blood and 6,121 bundles.

The aerial porters' main mission at Kandahar Airfield is bundle drops that include ammunition, fuel, food and other necessities to military personnel in forward locations.

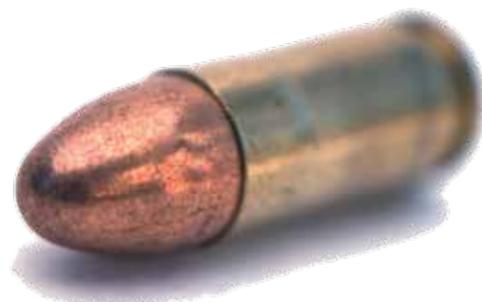
"Sustaining that lifeline to people downrange is always a top priority regardless of what mission may be on the ground," Phillips said. "We never delay a bundle mission."

On average, the team prepares and loads 40 bundles for drop, but they have pushed as many as 120 bundles or as few as four bundles in a 12-hour shift.

"They call this place the 2T2 Superbowl — if you can do it here you can do it anywhere," Phillips added. "We're all pretty proud of the job we've done."



Number 1 *with a*



Right round can make sure your package has best impact downrange

By Tech. Sgt. Jay Ponder
908th AW Public Affairs

Crafting the right bullets for the construction of award, decoration and EPR packages can make all the difference to a board with numerous submissions to wade through.

A short course was recently given by Chief Master Sgt. Leon E. Alexander, 908th Aircraft Maintenance Squadron, whose packages have met with great success at 22nd Air Force, AFRC and Air Force levels.

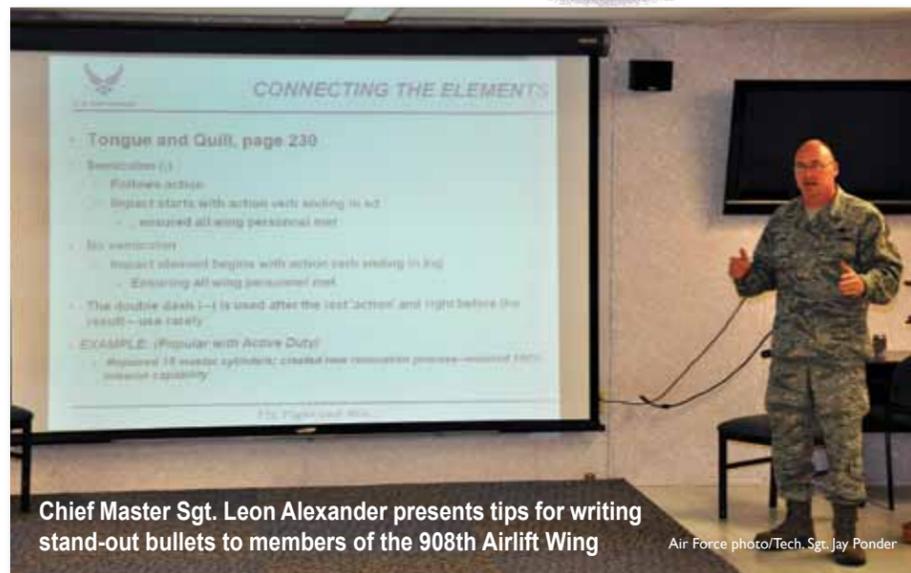
The class was attended by more than 40 Airmen, some who wanted to brush up on their bullet-writing skills, and those just needing to know how to get started.

Alexander said the most important thing to begin with is the gathering of facts. He explained how the evaluator has to gather the facts documenting specific information on the action performed.

"You can't build a good package without getting all of the facts. You need to have all of the information!"

Some of the other handy hints, the chief imparted was to stick with single-line bullets because once the bullet expands into more than one sentence, many of the words become 'fluff,' meaning the words are just for filler and take up space.

Alexander said that when writing a bullet, ensure you can identify its impact. There are three parts to a bullet: action, impact and result. The bullet starts with action, a strong,



Chief Master Sgt. Leon Alexander presents tips for writing stand-out bullets to members of the 908th Airlift Wing

Air Force photo/Tech. Sgt. Jay Ponder

Chief Alexander's 'Silver Bullet' Writing Tips

Be sure the bullet is formatted with an action, an impact and a result. It doesn't matter how fluffy or good they sound, you have to clearly identify these three items.

Bullets must be single line.

Bullets must be formatted and transition properly.

Bullets must be written in past-tense

Pay attention to the level of leadership in the beginning. There's a difference between a master sergeant who delivered 1,300 pieces of equipment and the master sergeant who oversaw its delivery.

past-tense verb.

"This part is the most important," emphasized Alexander, "Assist" gets you nowhere. Use words like 'led,' 'orchestrated' and 'oversaw,' especially for officers and NCOs."

Using words in the bullets like 'ensure,' such as in "ensured the logistical flow of material" was an

example of utilizing impact, and the bullet should close with results, such as saving money, labor or materials.

Alexander pointed out the number of points a bullet is awarded during evaluation depends on the way it is written.

"Being a senior airman, I don't have to write EPRs yet. I didn't know it took so much detail," said Senior Airman Joseph A. Watkins of 25th APS about the bullet writing instruction, saying what he learned would help him as he advances through the ranks. "Chief Alexander went into detail about the bullet writing and was very thorough."

For those looking for some help, Alexander said afeprbullets.com is a good tool where you can enter any AFSC and thousands of bullets will be available. If you're struggling, it is a great resource, not only for all bullet examples but rates them by strength, one through five.

It also has package examples for different types of awards.



Ginger Henry, CEO of Prattville Baptist Hospital, second from right, and James R. Williams, director of pastoral care for Baptist Health System in Montgomery and Prattville, were recently recognized as "Patriotic Employers" by the ESGR. The awards were presented by Alabama ESGR Committee member Norman Arnold, left, for support given to 908th Airlift Wing Chaplain David Dersch, far right.

ESGR awards local employers

Baptist Hospital staffers recognized for support of wing chaplain

By Public Affairs Office
908th Airlift Wing

Two Baptist Health System staff members were recently recognized as "Patriotic Employers" by the National Committee for Employer Support of the Guard and Reserve (ESGR).

Ginger Henry, chief executive officer of Prattville Baptist Hospital, and James R. Williams, director of pastoral care for Baptist Health System in Montgomery and Prattville, were nominated for the awards by David Dersch, a chaplain at Prattville Baptist Hospital who also serves as a Major assigned as Wing Chaplain of the 908th Airlift Wing at Maxwell Air Force Base.

The pair were presented their

awards by Alabama ESGR Committee member Norman Arnold.

The Patriotic Employer Award recognizes deserving employers and/or supervisors who through their actions demonstrate they are supportive of employees who are members of National Guard and Reserve units.

"Ginger is very understanding whenever I am called away, even with last minute call-ups," Dersch said in nominating Henry. "I have many short-term tours and she is always extremely flexible with this."

"She is not only supportive of me, but also other employees of Prattville Baptist who are in the military," Dersch said, adding that the names of deployed employees are placed on the hospital prayer list each week.

Dersch praised Williams saying, "He has always been understanding about deployments. He has never hesitated during the five years I've been employed by Baptist Health to let me go on periods of extended duty."

Another chaplain with Baptist Health System is in the Alabama Air National Guard and has also benefited from Williams' support. Dersch said Williams assigns other chaplains to pick up call coverage and other duties for members of the Reserve Components when they are gone.

"I know it is a sacrifice to let us go, but he does so willingly and always gives us a warm reception when we return home," Dersch said.

ESGR was chartered in 1972 as a part of the Department of Defense.

FAMILY Day IS ON THE WAY!

Bring your family to the May UTA for the 908th's fabulous Family Day!

SCHEDULE

8 - 9:30 a.m.: At the unit with families/C-130 tour
10 - 10:45 a.m.: Com-

mander's Call at Polifka with families
11: 30 a.m. - end of day: Cook-out at the ball fields with children's activities, unit competition, games, and karaoke.

If you need an extra bed in your room for children, contact your first sergeant on Saturday of the April UTA so the request can be made. You will receive your hotel room location on Sunday.

Major Selectees



- | | |
|----------------------|-------------------|
| Eva V. Allen | Samuel G. Manno |
| Michael W. Boggan | John R. Moody |
| Agapito C. Hernandez | Hope M. Norton |
| Lamar W. Hilton | Daniel R. Posch |
| Douglas Hoskins | Tonia Y. Stephens |
| Robert K. Weakley | |

WELCOME NEWCOMERS!

- | | |
|-----------------------------|-----------------------|
| MSgt. John O. Bouchard | A1C Kendall Williams |
| TSgt. Shannon E. Standridge | A1C Ulysess J. Grant |
| SrA Dennis Williams | A1C Brandon A. Tarvin |
| SrA Daily F. Peyton | A1C Paige M. Harris |
| SrA Zacchaeus D. Chames | Amn Teresa Conner |
| SrA Rafael Portis | AB Olivia Edwards |
| A1C Edrick Davis | AB Keith Smith |
| A1C Larry D. Williams | AB Travolta Bynam |
| A1C Robert A. Lewis | AB Jeremy D. Goodwin |

Preparing to Disembark

- | | |
|---------------------------------------|-------------------------------------|
| Col. Robert H. Shepherd | Senior Master Sgt. Mark V. Williams |
| Col. Camille Phillips | Master Sgt. Charles Britt |
| Lt. Col. Naomi E. Deshoreosborne | Master Sgt. Rodney T. Bush |
| Lt. Col. Peter J. Garland | Master Sgt. Randy B. Garrett |
| Lt. Col. Kenneth C. Holston | Master Sgt. Jonathan A. Gray |
| Lt. Col. Donna B. Roberts | Master Sgt. David J. McCaughtry |
| Lt. Col. Billy R. Tabor Jr. | Master Sgt. Nicholas M. Monday |
| Chief Master Sgt. Jesse M. Scott | Tech. Sgt. Darrell A. Lakes |
| Senior Master Sgt. Thomas J. Brookins | Tech. Sgt. Henry R. Milliner Jr. |
| Tech. Sgt. Ronnie S. Warner | |

* The next Reserve Retirement Briefing is set to take place on June 2 at 9 a.m. in Building 903, the MSG Conference Room.*



Gaining Altitude

ENLISTED

Master Sergeant



- Spencer D. Roeder
- Samuel G. Cutright
- Joseph Lassiter
- Billy J. Wallace
- Joshua W. Burton

Technical Sergeant



- Richard L. Demmon
- Ian W. Murphy
- Anson P. Pryde
- Toni L. Page
- Dustin B. Weeks

Staff Sergeant



- David S. Davis
- Blake J. Mcardle

Senior Airman



- Jody L. Williamson
- James B. Baldwin
- Aaron C. Brooker
- Jason B. McKenzie
- Britney M. Cassidy
- Trayunne A. Lucas

Airman First Class



- Corey L. Dupre

Airman



- Ethan P. Smith
- Alexis K. Seymore
- Stewart C. Thomason

4 PROGRAMS TO LOOK INTO WHEN PLANNING FOR SUMMER 2012!

By Candace von Hoffman
 Air Force Reserve Teen Leadership Council

As many of us already know, April is the month of the military child. So, to kick off spring season, our youth should be looking into some programs for this summer.

Our Military Kids

Our Military Kids is an organization that provides grants to children of severely injured or deployed Reservists. These grants are given to children ages 3-18 and are for enrichment of youth activities and tutoring. These activities include sports programs, fine arts programs, driver's education, scouting, or even school trips!

For more information on this program, please visit the website at:
www.ourmilitarykids.org

First Tee

First tee is an organization provided by World Golf Foundation that provides golf instructions to children of ANG/AFR families across the country. Prior experience and equipment are not required! Lagoon Park Golf Course hosts this program in Montgomery, and this facility can be contacted at 334-284-7920. For more on the

program, go to:
www.thefirsttee.org

Air Force Space Camp

If you are looking for a camp closer to home, look no further! The US Space & Rocket Center in Huntsville, Ala. hosts two camps for Air Force dependents. Space camp is hosted for youth 12-14, and Advanced Space Camp is for youth 15-18. Applications start in early spring, so visit their website soon!

www.afyouthprograms.com/spacecamp.htm

Teen Leadership Summit

These week long camps are for AFR/ANG dependents ages 14-18. They include high adventure activities, leadership workshops, community service projects, military traditions, and nightly recreation.

To download applications or for locations this year, visit
<http://georgia4h.org/AFRANGTeenSummit>

Attendees are invited to apply for Air Force Reserve Teen Leadership Council. This is a nationwide group of 20 AFR dependents that provide a youth perspective in planning and evaluation of youth programs.

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TO THE FAMILY OF:

Family Care Plan can provide peace of mind

By Tech. Sgt. Katrina George
 908th MPS

A Family Care Plan outlines the person(s) who will provide care for your family in your absence due to military duty. In the event you are called to duty, we need to ensure that your family receives adequate care, support, and supervision in your absence. The plan outlines legal, medical, logistical (i.e. food, housing, transportation), educational, monetary and religious arrangements for the care of your family. The plan must be very detailed and systematic to provide a smooth, rapid transfer of responsibilities to the person(s) you have designated.

All members of the Air Force will have family care plans that would reasonably cover all short- and long-term situations. However, only the personnel addressed in AFI 36-2908 para 1.2 must document their family care plans on the AF Form 357 and an additional information attachment form, and have them maintained by the commander or first sergeant.

Paragraph 1.2 of AFI 36-2908 states that the AF Form 357 is required to be completed by single parents with dependent children in household (unmarried children under 19), dual military couples with dependents, married servicemembers with blended families and members with civilian spouses or other adult family members not capable of caring for themselves and residing in the household with the member.

If you don't fall into any of these categories at the present time, keep this in mind for your future. If you have changes in your status that would require a Family Car Plan, notify your first sergeant immediately.